


## CV AN BLOCK

REGENT LICHAMELIJKE OPVOEDING  
VERANTWOORDELIJKE GROEPSLESSEN: HEALTH CITY  
YOGA LESGEEFSTER: HEALTH CITY & PRIVE

lerares sinds 1989

### TEACHER

<b>Yoga Opleidingen</b>		
mei/00	YOGA PLUS/ POWER YOGA SPORTOPOLIS MERKSEM	KARRIE DONOVAN PERSONAL BEST TRAINING & CONSULTING
2002	YOGA + SPORTOPOLIS EKEREN	MAAIKE VERSTRICHT COLLEGA LESGEVER
2005	ASHTANGA YOGA/ 3 DAGEN BRUSSEL	ANTHONY PREM CARLISI BORN IN PHOENIX/ARIZONA PRACTITIONER FOR 30 YEARS
okt/05	POWER OF YOGA LEVEL 2 / 16 HRS NIKE ACADEMIE / INNDIGO	ELSIE MATTHIJSSENS OWNER OF ANTWERP YOGA
feb/06	POWER OF YOGA LEVEL 1 / 24 HRS NIKE ACADEMIE / INNDIGO	ELSIE MATTHIJSSENS OWNER OF ANTWERP YOGA
apr/06	ASHTANGA YOGA RETREAT / 2 WEKEN SRI LANKA	ANTHONY PREM CARLISI
jul/06	ASHANGA YOGA WORKSHOP/ 2 DAGEN BRUSSEL	ANNIE PACE STUDENT OF SRI K. PATTABHI JOIS/ STARTED IN 1995
aug/06	ASHTANGA YOGA / 1 WEEK FRANKRIJK PATTABHI JOIS/ SHARAT/ RANGASWAMY ( PATTABHI + KLEINZOOON & DOCHTER)	SRI K PATTABHI JOIS GURUJI MODERN FOUNDER OF ASHTANGA INTRODUCED ASHTANGA TO THE WEST
sep/06	YOGA WORKSHOP / 3 DAGEN NIKE ACADEMIE / INNDIGO	ELSIE MATTHIJSSENS OWNER OF ANTWERP YOGA
sep/06	ASHTANGA WORKSHOP NEDERLAND	DAVID SWENSON began practising yoga in 1969 at the very early age of 13 brought Sri K. Pattabhi Jois to the U.S. for the first time
nov/06	POWER OF YOGA LEVEL 2B/ 14 HRS NIKE ACADEMIE / INNDIGO	ELSIE MATTHIJSSENS & FRANCIS WUYTS (OSTEOPAAT)
dec/06	ASHTANGA YOGA WORKSHOP BRUGGE	MANJU JOIS TOPTRAINER & ZOON VAN SRI K PATTHABI JOIS
mrt/07	INTERNATIONAL YOGA FESTIVAL RICHIKESH/HYMALAYAS/ INDIA	TOPTRAINERS ALL OVER THE WORLD
aug/07	WORKSHOP ASHTANGA YOGA	DAVID WILLIAMS PRACTITIONER SINCE 1971 STUDENT OF SRI K. PATTABHI JOIS TEACHER OF MANY BIG TEACHERS CHUCK MILLER & MATY EZRATY STUDENTS OF SRI K. PATTABHI JOIS CHUCK IS PRACTISING SINCE 1971
mrt/08	ASHTANGA YOGA / 2 WEKEN GOA, Purple Valley	Maty has been a student of many senior Iyengar teachers
2008	CLASSES WITH	* KATIZA SATYA * ROBERT BOUSTANY * RICHARD FREEMAN * PETROS HAFFENRICHTER (jivamukti) * RUSTY WELLS (bhakti flow) * ANTHONY PREM CARLISI
mrt/09	ASHTANGA YOGA / 2 WEKEN GOA	Jeff & Harmony Lichty STUDENTS OF SRI K. PATTABHI JOIS VICTORIA BC / CANADA
2009	JUNI / 4 DAGEN 1 DAG 2 DAGEN 1 DAG	Jeff & Harmony Lichty * PATRICK & GOSTA * ANTHONY PREM CARLISI * BIKRAM YOGA / ANTWERPEN
29/11/2009	1 dag 6 dagen	Biochemical yoga Antwerp yoga Sanskriet & Bhagavad-Gita Antwerp yoga Fitopia/ Edegem Thailand/ Koh Samui Carole & Graeme Bradshaw
14/mrt/10 1/04/2010, 1 week	Workshop Acroyoga Yoga/detox/week	Carole is ashtanga yogi in practice & philosophy Graeme is founder of the Medicine institute of Hong Kong Graeme is a homeopath & naturopath Yoga Thailand, Koh Samui &
1/04/2010, 1 week	Ashtanga yoga & yogalessen	The <b>Sanctuary</b> , spa resorts <b>Koh Phangan</b>
30 apr t&m 5 mei 2010	Prajna Yoga Workshop Intensive	Tias & Surya Little Tias' teaching specializes in yoga & anatomy Surya is a teacher of yoga, macrobiotic healing & meditation
24/mei/10		Rusty Wells Antwerp yoga
18, 19 & 20 juni/10	RE:START "Not just a great yoga weekend"	Psilogie campus/HC Premium Zuid Antwerpen
1, 2 & 3 okt/10	Ashtanga Yoga Workshop	Ilse Fimmers, Philip De Wulf & An Block Ashtanga Yoga Research Institute

30/10/2010	Ashtanga Yoga Workshop	Lino Miele Michael Hamilton
30/01/2011	WERELDYOGADAG	Antwerp yoga PRACTICE IN HC ZUIDPOOL oIv An Block
28/2/2011 T&M 11/2/2011 20,21 & 22/ 05/2011	KOH PHANGANG/ THAILAND Ashtanga Yoga Workshop Brugge	ASHTANGA PRACTICE MET KIRSTEN BERG & MITCHELL GOLD DAVID SWENSON
14/7/2011 t & m 17/7/2011	Ashtanga Yoga Workshop Eindhoven	David Williams
12/7/2011 t & m 14/7/2011	Ashtanga Yoga Workshop Idapingala yogastudio/ Antwerpen	Tim Feldmann
16/10/2012	De Yogastudio Ekeren Ademhaling & Bandha's tijdens de practice.	o.I.v. An Block
30/10/2011		Rusty Wells Antwerp Yoga
25/11/2011 t & m 27/11/2011	Ashtanga Yoga Workshop Maastricht	Petri Raisanen
4/12/2012	De Yogastudio Ekeren Yogaflow om de feestdagen bewust & relax door te komen.	o.I.v. An Block
29/01/2012	De Yogastudio Ekeren Workshop: Zuiverende & ontgiftende yogaflow	o.I.v. An Block
27/3/2012 t&m 1/4/2012		Rusty Wells Antwerp Yoga
7 & 8/4/2012	teachertraining (60 uur) Deepen your practice pranayama	Paul Dallaghan Eindhoven
26/5 t&m 1/6 2012	TEACHER TRAINING DE YOGALOFT MYSORE	DAVID SWENSON BRUGGE CASA PORTAFERRISSA
22/06/2012	ASHTANGAYOGA BARCELONA	CALLE PORTAFERRISSA 8/1ste A, BARCELONA
1/07/2012	POP UP 10U30	YOGADISCOVERY
8/07/2012	MUSEUM VOOR SCHONE KUNSTEN POP UP 10U30	o.I.v. An Block YOGADISCOVERY
29/07/2012	HEALTH CITY ZUIDPOOL (regen) POP UP 20U	o.I.v. An Block YOGADISCOVERY
5/08/2012	THEATERPLEIN POP UP 10U30	o.I.v. An Block YOGADISCOVERY
26/08/2012	MAS POP UP 10U30	o.I.v. An Block YOGADISCOVERY
2/09/2012	PARK SPOOR NOORD POP UP 10U30	o.I.v. An Block YOGADISCOVERY
9/09/2012	PONTON FLANDRIA POP UP	o.I.v. An Block BRUSSELS YOGA
26/09/2012	TERKAMERENBOS BRUSSEL	
26/09/2012	LANG YOGA WEEKEND CABALLITO DE MAR	o.I.v. Nina De Man & An Block
21/10/2012	WORKSHOP ADEMHALING & BANDHA'S DE YOGASTUDIO EKEREN	o.I.v. An Block
16/12/2012	POP UP 10U30 PARK SPOOR NOORD	YOGADISCOVERY o.I.v. An Block
13/01/2013	WORKSHOP : ZUIVERENDE & ONTGIFTENDE YOGAFLOW DE YOGASTUDIO EKEREN	o.I.v. An Block
24/01/2013	Privéles	DAMIEN DE BASTIER
30/01/2013	Privéles	DAMIEN DE BASTIER
3/02/2013	Vinyasaflow	DAMIEN DE BASTIER
5/04/2013	DE YOGASTUDIO EKEREN	o.I.v. An Block Tips & tricks JOEY MILES
13 t&m 19/4	Ashtanga yoga The path that connects heaven & earth	PURPLE VALLEY GOA/INDIA
Van mei tot november 2013	Pop up yogalessen (20) o.a. "op daken van openbare gebouwen"	YOGADISCOVERY o.I.v. An Block
17/09/2013	Ashtanga yoga workshop	Antwerp yoga Simon Park
18 t&m 20 okt 2013	Yogaweekend	Courtil o.I.v. Anke Truyma & An Block
6/05/2014	Promotie Lolé Yogales	Stadsfeestzaal
6/07/2014	Promotie Freddy pants Yogales	o.I.v. Nina De Man & An Block Strantwerpen
14 t&m 16 aug 2014	Yogales	o.I.v. Nina De Man & An Block Pukkelpop
23 & 24 aug 2014	Yogales	o.I.v. Nina De Man & An Block Navanadi o.I.v. An Block
20/09/2014	Promotie H&M sportlijn Yogales (5)	Koning Boudewijnstadion o.I.v. Nina De Man & An Block
29/9 t&m 5/10 2014	Yogaweek	o.I.v. An Block

26/10/2014 11/10/2014	Spanje Yoga Magazine Festival 5 workshops	Amsterdam Simon Low Radiant Light Radiant Light Simon Low
7 t&m 9/11/14	Yin, Yang & restorative Yoga workshop	Yogafimpjes opnemen Yogalof, Brugge
26/01/2015	NAVA-TV An Block	International Yogaday Wilrijk
21/06/2015	Mede organisator	Andreas Trussat Amsterdam
7/07/2015	Privé yogales	Zuid Afrika Cape Town
26/7/2015-2/8/2015	Classes @ HotDog Yogastudio Yogalife The Shala Concept studio Yogalessen	Pukkelpop, Hasselt o.l.v. Nina De Man & An Block Yogaland Yogafestival, België
20-22/8/2015	teacher & student	o.l.v. An Block
21 t&m 23/8/2015	Yogaweek Spanje Mede organisator	Yoga for the people Een yogasessie in het Sportpaleis om geld in te zamelen voor Artsen zonder grenzen. Nederland
30/9 t&m 7/10/2015	initiatie intrinity Matrix	Dag van de slaap Voor Alida & Alain/ Lombardia Marc St. Pierre
1/11/2015	Yogasessies (olv mezelf) voor de persvoorstelling van Sleepy Love herstellende yoga -> bachbloesem omschrijving workshop Living Yoga Van trierstraat/Antwerpen	Vondelkerk Amsterdam Tomorrowland :-) Reet/Boom Spanje
19/02/2016	Meghan Currie Workshop	Radiant Light Wesley Ann Bassett Bali
18/03/2016	Silence for Peace Herstellende yoga + meditatie olv mezelf	With Boban Krstic, Yogasite, Breda With Boban Krstic, Yogasite, Breda Bocadero o.l.v. YogaNBlock Aspen, Brussel European Quarter Meise, Plantentuin o.l.v. An Block Bocadero o.l.v. YogaNBlock Yogaland o.l.v. An Block Yogaland o.l.v. An Block Nationale Botanische Tuinen, Brussel o.l.v. An Block & Joelle o.l.v. An Block & Joelle Yogasite, Breda Boban Krstic Wijnhuis, Antwerpen o.l.v. An Block David Lloyd teachers together Turnhout YinYogateacherTraining Gabe Yoga Antwerp Yoga Den brandt
24/04/2016	Yogaweek @Caballito olv mezelf	
15,16 & 17/07/2016	Yin Yoga workshop	
22, 23 & 24/07/2016	Privé leraar TT Fundamental 1, Aerial Yoga TT Fundamental 2, Aerial Yoga Workshop YogaWheel Workshop AerialYoga	
28/9 t&m 5/10 2016	Detox Day/ Day After Tomorrow La Gym	
6/11/2016	initiatie intrinity Block & Roll Aerial Yoga Yoga Yogaweek @Caballito Yogaweek @Sardinia TT Aerial Yoga	
feb/17 4 mei, 18 mei, 22 juni 2017	WijnYoga	
7/jul/17 8/jul/17 13/jul/17	In2GreatWomen Yoga Yoga4Women GoodVibesSundays 50 uur	
31 Juli, 7 aug 2017	Internationalle Yogadag TT Aerial Yoga, restore & recharge Aerial yoga Yogaweek @Caballito Yogaweek @Sardinia WinterYogaFestiFair	
6/aug/17 19/aug/17 21/aug/17 21/sep/17 sep/17 oct 2017 17/nov/17	YogaFestiFair	
18/nov/17	Fundamentals	
4/mrt/18 mrt/18 april 2018	Detox Day/ Day After Tomorrow La Gym	
jun/18 17/jun/18 7 & 8/07/2018 18/aug/18 sep/18 oct 2018 25/nov/18		
9/jun/19		
9/jul/19		
22 & 29 juli 2019		